ParentingMontana.org has information and tools for parents of children at every age to address simple and challenging parenting issues using this 5-step process.





Step 2. **Teach**

Demonstrate how to do a task successfully.



Step 3. Practice

Create opportunities to try what they are learning.

Step 4. **Support**

Provide feedback, reteach, and follow through with logical consequences.

Step 5. **Recognize** Recognize effort and success, no matter how small.







Brought to you by SAMHSA and Montana DPHHS. The views and opinions contained in the publication do not necessarily reflect those of SAMHSA or the U.S. Department of Health and Human Services and should not be construed as such.