

ParentingMontana.org

Information and tools for parents of children at every age to address simple and challenging parenting issues using a 5-step process.

Search by age and issue to address a variety of topics like:

- Anger
- Back Talk
- Bullying
- Chores
- Confidence
- Conflict
- Defiance and Power Struggles
- Discipline
- Disrespect
- Eating
- Empathy
- Establishing Rules About Alcohol
- Establishing Rules About Marijuana
- Friends
- Happiness
- Homework
- Kindness
- Listening
- Lying
- Mixed Messages About Alcohol
- Mixed Messages About Marijuana
- Peer Pressure
- Reading
- Repairing Harm
- Resilience
- Responsibility
- Routines
- Sharing
- Stress and Anxiety
- Talking About Differences
- Tantrums

The tools give specific actions to take and the words to say for parents to build their relationship and strengthen their communication with their children.



ParentingMontana.org includes supportive informational pieces called “I Want to Know More” on topics like:

Child Care

- How to Identify and Select a Quality Child Care Provider

Communication

- Calm Down Strategies for Parents and Children
- Feelings Chart
- Infant Crying
- Intentional Communication

Development

- Developmental Screenings
- Prevent Substance Use at Every Age
- Social and Emotional Development

Discipline

- Guidance and Discipline for Skill Building
- Logical Consequences

Foster Care

- Deciding to Become a Foster Parent?
- Preparing for a Child in Foster Care
- The first 24 Hours, Week, and Six Weeks of a Child in Foster Care Joining Your Family

Parenting Process

- Parenting Process for Your Child’s Success
- Parenting Process for Your Child’s Success Printable Graphic

Relationships

- Intentional Ways to Grow a Healthy Parenting Relationship
- Navigating High Conflict With Important People in Your Child’s Life
- What Do I Do When Important People in My Life Have Different Ideas About Parenting My Child?

Risky Behavior

- Alcohol and the Teenage Brain
- Healthy Risk Taking
- Is My Child Drinking? What Do I Do?
- Is My Child Using Drugs? What Do I Do?
- Marijuana and the Teenage Brain
- Marijuana: What Does the Law Say?
- Prescription Pain Medication
- Underage Drinking: What Does the Law Say?
- Why Teens Shouldn’t Drink Alcohol
- Why Teens Shouldn’t Use Marijuana

Trauma

- Child Trauma



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