

Reaching Parents

Guidance for schools to engage parents in utilizing
ParentingMontana.org



With **ParentingMontana.org**

Parents:

- ➔ Address everyday challenges like creating a **homework routine, supporting reading, or managing anger**
- ➔ At the same time, grow their child's self-awareness, self-management, social awareness, relationship skills, and the ability to make responsible decisions

Schools:

- ➔ Extend their Whole Child Skill Development by engaging parents in supporting students in the home
- ➔ Provide tools and resources to parents for addressing issues like **homework routines, reading, confidence**, and others that improve achievement

Tools are based on an easy-to-use 5-step process including actions to take and the words to say to build their relationship and strengthen their communication with their children. Parents search by age and issue to address a variety of topics like:

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|--------------------------------|--------------------------------------|----------------------------------|
| ➔ Anger | ➔ Establishing Rules About Alcohol | ➔ Mixed Messages About Marijuana |
| ➔ Back Talk | ➔ Establishing Rules About Marijuana | ➔ Peer Pressure |
| ➔ Bullying | ➔ Friends | ➔ Reading |
| ➔ Chores | ➔ Happiness | ➔ Repairing Harm |
| ➔ Confidence | ➔ Homework | ➔ Resilience |
| ➔ Conflict | ➔ Kindness | ➔ Responsibility |
| ➔ Defiance and Power Struggles | ➔ Listening | ➔ Routines |
| ➔ Discipline | ➔ Lying | ➔ Sharing |
| ➔ Disrespect | ➔ Mixed Messages About Alcohol | ➔ Stress and Anxiety |
| ➔ Eating | | ➔ Talking About Differences |
| ➔ Empathy | | ➔ Tantrums |

ParentingMontana.org includes supportive informational pieces called “I Want to Know More” on topics like:

Child Care

- How to Identify and Select a Quality Child Care Provider

Communication

- Calm Down Strategies for Parents and Children
- Feelings Chart
- Infant Crying
- Intentional Communication

Development

- Developmental Screenings
- Prevent Substance Use at Every Age
- Social and Emotional Development

Discipline

- Guidance and Discipline for Skill Building
- Logical Consequences

Foster Care

- Deciding to Become a Foster Parent?
- Preparing for a Child in Foster Care
- The first 24 Hours, Week, and Six Weeks of a Child in Foster Care Joining Your Family

Parenting Process

- Parenting Process for Your Child’s Success
- Parenting Process for Your Child’s Success Printable Graphic

Relationships

- Intentional Ways to Grow a Healthy Parenting Relationship
- Navigating High Conflict With Important People in Your Child’s Life
- What Do I Do When Important People in My Life Have Different Ideas About Parenting My Child?

Risky Behavior

- Alcohol and the Teenage Brain
- Healthy Risk Taking
- Is My Child Drinking? What Do I Do?
- Is My Child Using Drugs? What Do I Do?
- Marijuana and the Teenage Brain
- Marijuana: What Does the Law Say?
- Prescription Pain Medication
- Underage Drinking: What Does the Law Say?
- Why Teens Shouldn’t Drink Alcohol
- Why Teens Shouldn’t Use Marijuana

Trauma

- Child Trauma

Teachers, staff, and counselors, “School Resources” are on the homepage of ParentingMontana.org and include:

- An introduction to ParentingMontana.org
- The ParentingMontana.org Purpose
- The “Why” behind ParentingMontana.org
- An overview of the website
- Tools and resources for schools to use to engage parents

Share with parents:

- A PowerPoint to show parents
- Online, printable, and audio versions of tools and resources addressing everyday parenting issues that can be emailed or given to parents
- Press releases and articles for use in local newspapers, school newsletters, and other communications
- Media including how-to videos, printable rack cards, social media, and a podcast



**School
Resources**
[LEARN MORE](#)



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